



7

steps to

**improve your
leadership**



The Emotion Encyclopedia - Vol. 8 (Extract)
7 steps to improve your leadership

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What's in this book for me?

This book has been written with the intention to provide you with the information you need to improve your successful leadership skills.

First of all, I would like to congratulate you for the choice you have made to buy this book. It is clear from this act that you want to discover and use new techniques to improve your ability to find the best solutions to any problems you encounter on your way to becoming a highly skilled leader.

Through this book you will discover several techniques that will provide you with what you need to achieve those results that will transform your life and the ones of those who are near you.

In today's judgment-based world it is easy to give up to external pressure to continually change the way you face the typical problems of a leader.

If you do not have clear in your mind, the correct strategies to use, you will fall into the mistake of running behind attempts which do not produce the hoped results. Self-esteem is continually undermined by adverse judgment and criticism of others, this book deals with a variety of communication techniques with yourself so that you will steadily strengthen your dignity.

Today, more than ever before, it is so easy to lose sight of what things are needed to be done and the way in which they need to be done.

In this era there is a huge amount of distractions, as they have never existed before, that is why we need to learn to filter the information and focus only on what is essential to your purpose as a leader.

Difficulties and problems that arise, because of the typical features of this current 21st century, are treated in this book.

You will discover the communication techniques which you can use when you have to make a decision or when you have to give directions.

You will find out how to identify and address any problem because you will learn how to devote your resources to programming your actions that solve difficult situations.

It is indispensable to understand that self-discipline, which is essential to intervene properly in solving problems as a leader, is not constructed or even destroyed in a single day, but what can happen is that in one day the growth process or destruction can be activated.

Everything you have done so far has made you the person you have become, and by getting this book, you will find it easy to use new systems which will take you and your skills to higher levels in both your private and working life.

The book will show you how to get the trust you need to become a good leader, at any time you want it.

My intention at the end of these seven chapters is that you have a plan of steps to follow that can greatly help you to plan your life and get the road that leads you to your well-deserved goal of being a respected leader. Below, I will briefly mention the main points discussed and some secondary points in order to arouse interest in the exposed material.



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***Thanks to the content of this book,
you will be able to:***

- Distinguish between a symptom and the actual cause of low self-esteem.
- Improve your opinion of yourself as an organizer and administrator.
- Make your concepts stimulating in managing the resources you have available and overcome obstacles with more satisfying results.
- Knowing how to value the experience you are acquiring as you direct and treasure the lessons behind every impediment.
- Always give due importance and appeal to the motivation that prompted you to choose to become a successful leader.
- Eliminate distractions that rob you of precious time to devote to better management of the resources at your disposal.
- Seize the appropriate opportunities to draw vital lessons to improve the management of your group and capital goods.

Self Emotional Control

- Interacting with your subconscious to improve the quality of the choices and actions to obtain excellent results.
- Find out what the body language of the successful leader is and show the right mastery of it.
- Acquire the property of language that allows you to predict the best result for you and for those who place their trust in your skills.



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